

## Sheet Composting with Small Children

This bed demonstrates a very low labor way to compost that even kindergarteners can manage with just a little help from adults. There are no devices, no additives, no turning.

Here's how it works:

1. Designate one garden bed for sheet composting.
2. Dig a trench at one end.
3. Day by day, fill the trench with fruit and vegetable kitchen waste, egg shells, coffee grounds and weeds.
4. Sprinkle on handfuls of soil and hay or leaves to prevent it getting smelly and to add carbon.
5. When that trench is mounded, put the rest of the soil and a layer of straw or hay on top. Move down a bit, and dig the next shallow trench.
6. Repeat the layering.

With this slower method, it may take up to a year, but there is no fuss and small children can do this method. The straw will bring you lots of earthworms and workable soil next season. Just start planting.